

## Tell us about your time in custody

Enter our national writing competition and tell us about your experiences in custody or about what happened when you left custody and returned home.

This is a great opportunity to share your thoughts on your time inside, gain some valuable writing experience, and maybe even win a prize!

## Tell me more

Beyond Youth Custody is a programme which aims to improve the services available for young people and young adults leaving custody.

We've set up a national writing competition to find out what life is like for a young person who has spent time in custody.

We'd like you to tell us, in your own words, about your experiences in prison or your experiences of leaving prison and some of the problems you might have faced.

You can structure your entry however you like, for example, as a letter, a short story, a poem, an essay or a rap. Judges will be looking for pieces of writing which are imaginative, interesting and which stand out.

Entries must not exceed 1,000 words and can be handwritten or typed.

No real names should be included.

## **Prizes**

Winners will receive vouchers which can be spent at a shop of their choice on the high street.

First prize: £25 voucher Second prize: £15 voucher

Third, fourth and fifth prize: £10 voucher each

## How to enter

You can enter the competition by:

- Emailing your entry to beyondyouthcustody@nacro.org.uk
- Posting your entry to Beyond Youth Custody, Nacro, Park Place, 10-12 Lawn Lane, London SW8 1UD
- Completing the online form at www.beyondyouthcustody.net/writingcompetition

The closing date for entries is Friday 25 October 2013.

